PARANORMAL UNDERGROUND®

Volume 10 | Issue 8

August 2017

6 Things You Didn't Know About SKINWALKERS

The Ghosts of SAUER CASTLE

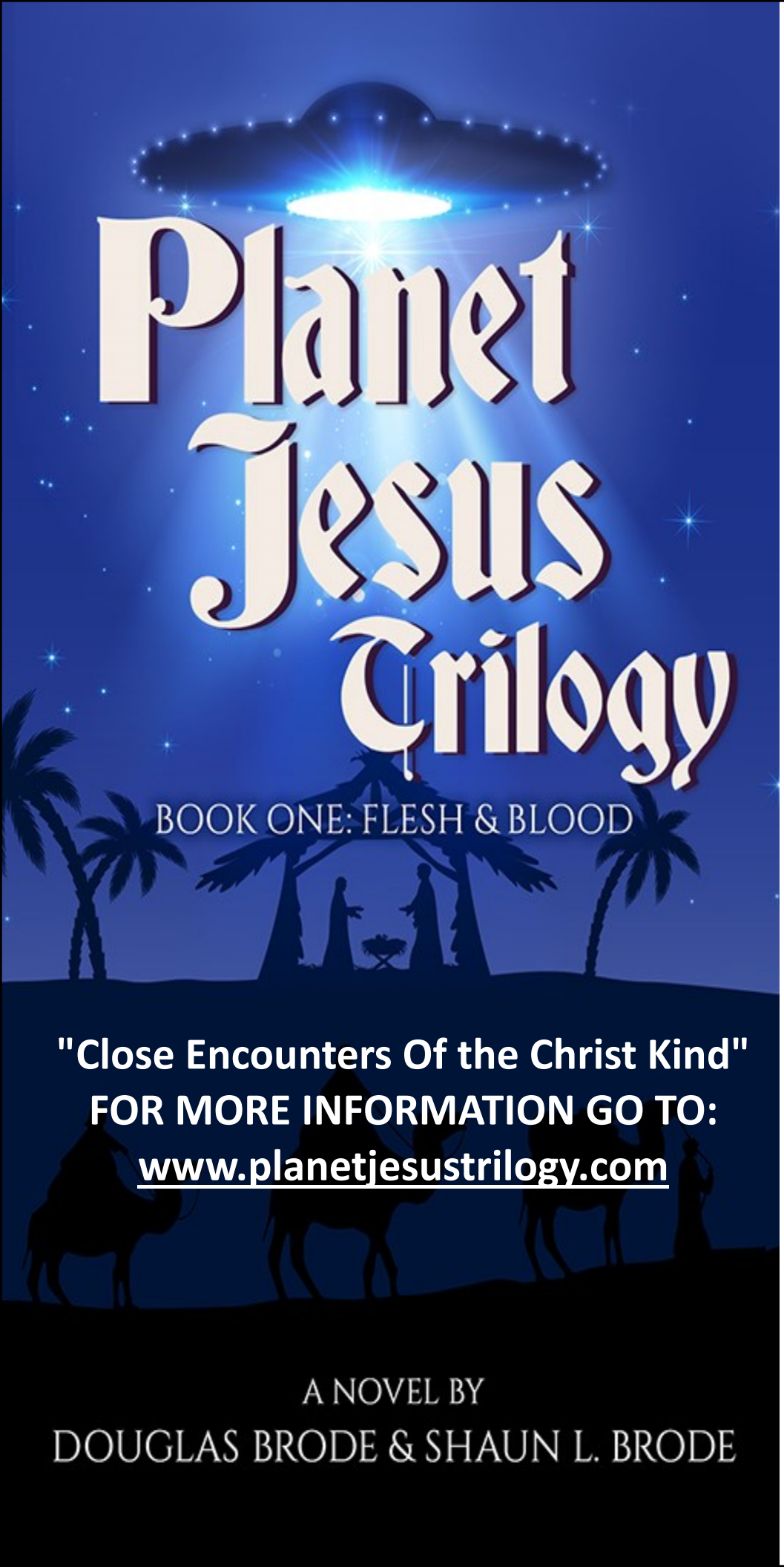
Legend of the SQUONK

Life After Death: DEATHBED VISITS

5 PROTECTION METHODS USED AGAINST WITCHES

ALSO INSIDE:

- A Shaman's Battle Against Shadow People
- An Encounter With a Werewolf and Dogman
- The Haunted History of the White House
- What's the Difference Between a Sensitive, Psychic, and Empath?


Planet Jesus Trilogy
BOOK ONE: FLESH & BLOOD
"Close Encounters Of the Christ Kind"
FOR MORE INFORMATION GO TO:
www.planetjesustrilogy.com
A NOVEL BY
DOUGLAS BRODE & SHAUN L. BRODE

WHERE 'THE NEW TESTAMENT' MEETS 'THE TWILIGHT ZONE'

Amazon Bookstore:
Paperback: ISBN 1-62006-845-1
Kindle: ISBN: 1-62006-846X
Call Toll Free: 855-338-8359
Email Orders: orders@sunburypress.com

Table Of Contents

CASE FILES OF THE UNKNOWN

12 **Haunted Sites**
The Ghosts of Sauer Castle

14 **Cryptids & Mythological Creatures**
Legend of the Squonk

16 **Haunted History**
The Haunted History of the White House

IN THE SPOTLIGHT

36 **Author Profile**
'Intergalactic Dating Agency: Black Hole Brides'
By Elsa Jade

PARANORMAL INSIGHTS

8 **Special Report**
Is There Life After Death? Deathbed Visits Offer Convincing Answer

18 **Inside the Psychic Mind**
Are You a Sensitive, Psychic, or Empath? What's the Difference?

22 **The Shaman Windwalker**
The Shadows: A Shaman Battles Shadow People

24 **Get Spooked**
6 Things the Internet Says About Skinwalkers

26 **Magic & Lore**
5 Protection Methods Used Against Witches

28 **Personal Experiences: Paranormal Encounters**
Dogman vs. Werewolf: Similar Cryptids With a Big Difference

32 **Personal Experiences: Ghost Hunter Case Files**
Buy One, Get One Free: Investigating Upscale Resale Antiques

DEPARTMENTS

4 **Contributors**
6 **Publisher's Letter**
7 **Calendar of Events**

WINTER M. BALEFIRE

Winter has been an occultist and paranormal researcher for nearly 20 years. She has been published repeatedly since 2009 and has also been the subject of interviews regarding both areas of expertise.

Writing and witchcraft have always remained close to Winter's heart, feeling both require a profound understanding of one's self and environment. When she's not exploring the macabre and bizarre, Winter enjoys reading tarot, as well as writing poetry and short stories. All of her work can be viewed on her Website.

http://www.winterbalefire.com/

VINCE BIOS

As a teenager, Vince became fascinated with the paranormal, wanting to learn everything possible about the unknown through books, movies, and documentaries. Over the years, he enrolled in night courses, went to seminars, attended conventions, and joined ghost-hunting groups in pursuing answers to the unnatural mysteries occurring in the world.

Vince has conducted his own research and studies into the fields of folklore, ufology, parapsychology, and cryptozoology for the past two decades. A few years ago, he started the blog Abnormal Realm to share his interest with others along with providing an online source for news, articles, and resources encompassing all paranormal topics.

https://abnormalrealm.com/

BOB FOUNTAIN

As an investigator and evidence analyst with Spectral Tech, Bob and the team help their clients find answers while helping to educate them about the paranormal in the process.

As a special projects manager primarily involved in process engineering, and because documentation and analysis is paramount to serious investigations, Bob was drawn to take more than a passing interest and become actively involved in the study of different paranormal phenomena. He has a bachelor's degree in applied organizational management and a bachelor's in metaphysical science from the University of Metaphysics. Bob is also an ordained minister/metaphysical practitioner with the International Metaphysical Ministry.

http://www.spectraltech.org/

WILLIE WINDWALKER GIBSON

Willie is a shaman and supernatural consultant. He works by himself, as well as with his wife, Schmon. He belongs to the Paranormal Clergy and Dominion Ministries. Willie is the author of two books detailing his 50-year journey in the paranormal, *The Shaman Windwalker* and *Soul Warriors*.

Willie has appeared on A&E's *Cursed: The Bell Witch* and CMTs *Most Shocking Ghosts*. He also hosted his own public access show in Louisville, Kentucky, for 12 years, called *Spiritual Gifts and Wonders*. He also has his own group of sensitives, called Soul Warriors, who are based all over the US.

ORRIN GREY

Orrin is a writer, editor, amateur film scholar, and monster expert who was born on the night before Halloween. His stories of ghosts, monsters, and sometimes the ghosts of monsters have appeared in dozens of anthologies, including *The Best Horror of the Year*, and been collected in *Never Bet the Devil & Other Warnings* and *Painted Monsters & Other Strange Beasts*, while his writing on horror cinema has been collected into *Monsters From the Vault*.

https://orringrey.com/

CHERYL KNIGHT-WILSON

Cheryl is editor-in-chief of *Paranormal Underground* magazine and producer of *Paranormal Underground Radio*. She has more than 25 years of experience as a professional writer and editor and has published hundreds of articles on topics ranging from advanced technology to paranormal investigation.

Cheryl's previous magazine experience includes roles as senior and managing editor for several business publications.

https://paranormalunderground.net/

MICHELLE M. PILLOW

Michelle is a *New York Times* and *USA Today* bestselling author writing in many fiction genres, including the Dragon-Shifter series *Dragon Lords* and *Captured by a Dragon-Shifter* and the mischievously magical *Warlocks MacGregor*. A

skeptical believer, she has a fascination with anything paranormal.

Michelle loves to travel and try new things, whether it's a paranormal investigation of an old Vaudeville theater or climbing Mayan temples in Belize. She has a BGS in history/business with an English minor and a photography degree. She is the co-owner of www.TheRavenBooks.com.

http://michellepillow.com/

RAINBOW RADAELLI

Rainbow is a paranormal, abductee, and cryptid researcher along with her husband, Michael. She is an experiencer herself, dealing with paranormal phenomenon since childhood.

The silk road of life has led Rainbow in many directions: cowgirl, medicine woman, gypsy, belly dancer, and truthseeker. All directions have paralleled each other, finally coming together in Rainbows articles, research, and blogs.

http://truthseekerhighway.com/

KRYSTLE VERMES

Krystle is a long-time paranormal enthusiast and professional writer with a bachelor's degree in print journalism. When she isn't composing pieces for her own paranormal blog, GetSpooked.net, she's recording her popular podcast, *All Day Paranormal*.

http://getspooked.net/

JOSIE VARGA

Josie is the best-selling author of *Visits From Heaven*. A former magazine editor and communications consultant, her life changed course when she received a validated dream message from a man who died in the September 11 attacks on the World Trade Center. Forever transformed by her experience, she embarked on a spiritual journey as she vowed to help others understand that life truly never ends and love never dies. Life, she says, is eternal and so are we.

Her latest book, *A Call From Heaven: Personal Accounts of Deathbed Visits, Angelic Visions, and Crossings to the Other Side*, provides perhaps the most compelling evidence of life after death to date. She set out to research deathbed phenomena and hence write her book after her primary care physician told her about a mind-boggling experience involving a patient of his. What she found is incredible validation that death is but a new beginning and no one really dies alone.

Dedicated and passionate about her research into metaphysics and the afterlife, she is a sought-after speaker and blogger. She also has a popular group on Facebook for people to comfortably share their spiritual experiences.

https://www.josievarga.com/

CHAD WILSON

A freelance writer, Chad is the publisher of *Paranormal Underground* magazine and co-producer of *Paranormal Underground Radio*. His interest in the paranormal led to the creation of www.ParanormalUnderground.net.

Chad has investigated with East Tennessee Paranormal Research Society and counts Waverly Hills Sanatorium, the Villisca Axe Murder House, Bobby Mackey's Music World, the Queen Mary, Queen Anne Hotel, Hotel Alex Johnson, and private residences among his investigations.

https://paranormalunderground.net/

JOHN YOUNG

John became a news reporter in the Marine Corps in the early '70s. He writes on a wide variety of subjects. Before that, he served in the US Army during the Vietnam War. After leaving the Corps, he worked in many other fields, including as a news reporter, photojournalist, editor on a weekly publication, surgical technician, truck driver, and route salesman security guard, among other jobs. But writing is what he likes best.

http://hubpages.com/@jy3502 ◆

Do you have a dream you would like to have interpreted in Paranormal Underground magazine?

Email editor@paranormalunderground.net with a detailed description of your dream, and we will interpret it for you and possibly publish it in an upcoming magazine.

PARANORMAL UNDERGROUND®
Volume 10, Issue 8 August 2017
www.ParanormalUnderground.net

EDITORIAL

PUBLISHER
Chad Wilson

EDITOR-IN-CHIEF
Cheryl Knight-Wilson
editor@paranormalunderground.net

SCIENCE EDITOR
J.D. Harrison

CONTRIBUTORS
Winter Balefire
Vince Bios
Bob Fountain
Willie Windwalker Gibson
Orrin Grey
Michelle M. Pillow
Rainbow Radaelli
Josie Varga
Krystle Vermes
John Young

The views expressed and opinions given by our contributors do not necessarily reflect those of Paranormal Underground magazine's owners or advertisers.

Copyright © 2008-2017 — Paranormal Underground® is a registered trademark. All rights reserved. As such, Paranormal Underground and its contents are the property of its owners. All other trademarks are the property of their respective owners. This publication and all content within this publication may not be copied, quoted, distributed, modified, or reprinted without the express written consent of Paranormal Underground magazine.

Who or What Is the Chicago Mothman?

On April 7, 2017, a witness encountered a large seven-foot-tall winged humanoid in Chicago's Lincoln Park neighborhood. What followed were roughly 40 additional sightings in the Chicago area of a large bat-like creature, sometimes flying overhead, perched on the roof of a building, or on the ground.

Chad Wilson, Publisher

Regardless of how the creature is encountered, it exudes a sense of foreboding and doom, according to witnesses. What exactly are the citizens of Chicago encountering, and why were there so many sightings in such a short span of time?

There were sightings in the area previous to this latest flap of encounters, with three sightings taking place over a two-month period in 2011. During that series of sightings someone was able to snap a photo of a bat-like being flying in the sky overhead in a Southwest Chicago suburb (see photo below — source: http://beforeitsnews.com).

Real or not, such sightings and supposed evidence make for an intriguing story. At the very least, it makes for some interesting discussion among folks who have an interest in such things.

As a matter of fact, it is sightings such as these that have really driven my interest in the paranormal. The sheer amount of weird tales out there from people who have witnessed paranormal events has always stuck with me as proof that something is going on. And while I am sure some of the stories of strange sightings and encounters are made up or something totally explainable being mistaken for a paranormal occurrence, the large number of sightings, some from credible witnesses such as police officers, make me think that people are experiencing events that are outside the everyday norm.

So far, though, with scant physical evidence of such encounters, all we really have to go on are personal experiences. What it boils down to is: Do you believe the word of a stranger or not? In my own eyes, having not been there in person, I try to give experiencers of the paranormal the benefit of the doubt. In most cases, the fact remains that they saw something they can't explain.

In the case of the Chicago Mothman, Batman, or whatever you call it, people have been seeing something strange over the skies of the city of Chicago. What it is remains to be determined, or not, as is often the case with such sightings. ◆

September 1–3
International Bigfoot Conference
Kennewick, Washington
https://www.internationalbigfootconference.com/

September 3
International Cryptozoology Conference
Clarion Hotel
Portland, Maine
http://www.cryptozoonews.com/icc17/

September 9–10
Cryptid Con
Frankfurt, Kentucky
http://www.cryptidcon.com/

September 15–17
Afterlife Research and Education Symposium
Embassy Suites Hotel
Scottsdale, Arizona
http://www.afterlifestudies.org/

September 16
MUFON of Ohio Conference
Dublin Community Center
Dublin, Ohio
http://www.mufonohio.com/mufono/index.html

September 16–17
Mothman Festival
Point Pleasant, West Virginia
http://www.mothmanfestival.com/

September 23
Hill-Con 2017
Hill View Manor
New Castle, Pennsylvania
http://www.hauntedhillviewmanor.com/hillcon2017/

September 30–October 1
Granbury Paranormal Expo
Granbury Square
Granbury, Texas
https://www.granburyparanormalexpo.com/

October 6–7
Texas Bigfoot Conference
Jefferson Tourism and Visitor Center
Jefferson, Texas
https://www.facebook.com/events/511211039085232/

October 6–7
Virginia Bigfoot Conference
Waldo Miles Retreat
Bristol, Virginia
http://www.vabigfootconference.com/

October 6-7
Greater New England UFO Conference
Leominster City Hall Auditorium
Leominster, Massachusetts
http://susantom.com/ufo.html

October 6–8
Chicago Ghost Con
Portage Theater
Chicago, Illinois
http://www.chicagoghosts.com/conference.html

October 7
East Coast Para Con
Hilton Hotel and Conference
Scranton, Pennsylvania
http://www.eastcoastparacon.com/

October 13–14
Little Traverse Bay Parafest
Terrace Inn
Petoskey, Michigan
www.ltbparafest.com

E-mail your paranormal event to editor@paranormalunderground.net.◆

PARANORMAL UNDERGROUND®
Volume 10, Issue 8 August 2017
www.ParanormalUnderground.net

ADVERTISING

Interested in advertising in *Paranormal Underground* magazine or during our Podcast?

Contact:
Cheryl Knight-Wilson
714-646-4197
editor@paranormalunderground.net

ART DIRECTION

ART DIRECTOR
Chad Wilson

DESIGN AND LAYOUT
Cheryl Knight-Wilson

SOCIAL MEDIA

Twitter
http://twitter.com/ParanormalUG

Facebook
www.facebook.com/ParanormalUnderground

Tumblr
www.paranormalunderground.tumblr.com

Pinterest
www.pinterest.com/paranormalug

MySpace
https://myspace.com/paranormalunderground

Send comments and letters to:
editor@paranormalunderground.net

IS THERE LIFE AFTER DEATH?

DEATHBED VISITS OFFER CONVINCING ANSWER

By Josie Varga, www.josievarga.com

Is there life after death? Although we can never truly know what happens when we die, deathbed visits and other paranormal phenomena offer a convincing hint of what lies beyond this world.

How we answer this question — one of life's most debated and vexing queries — will depend on how we respond to yet more questions. Namely, what exactly is death? What is the nature of reality? What exactly is consciousness? Is consciousness inside the brain?

Having researched the idea of an afterlife for more than 10 years now, I am convinced that it is in studying the nonphysical world that science will finally come to fully understand the physical world. Likewise, it is in understanding spiritual experiences, such as deathbed phenomena, that we will come to understand life.

My latest book, *A Call From Heaven: Personal Accounts of Deathbed Visits, Angelic Visions, and Crossings to the Other Side*, explores many of the puzzling questions mentioned above. The answers lie not only in science, but in the countless people who have come forward with metaphysical experiences.

Deathbed Visits (known as DBVs) are powerful metaphysical experiences that the dying may experience before death. The dying are most often visited by deceased loved ones but are also visited by strangers or angelic or divine figures.

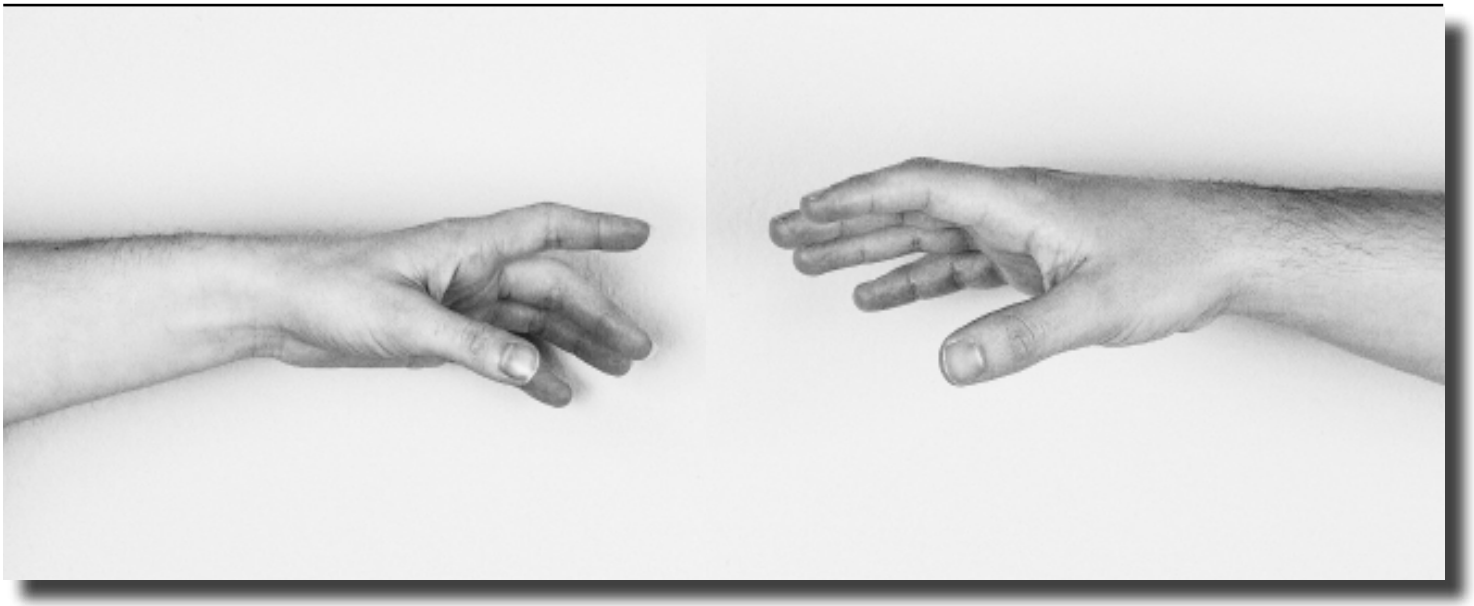
Religious beliefs appear to have no bearing on these

experiences since even atheists and nonbelievers have reported such phenomena.

The dying also appear to have a say in when they depart their bodies.

My Grandmother's Deathbed Visit

My grandmother suffered a heart attack and was in the hospital. She insisted that my mother go home and get some rest. Shortly after my mother left the



hospital, my grandmother took a turn for the worse and passed away.

A few days after the funeral, my mother told me about an experience she had at my grandmother's deathbed that night. My grandmother, she told me, repeatedly gazed at one corner of the room like she was looking at someone. My mother noticed but did not say anything. But then my grandmother caught my mother off guard: "Anna, your father is here."

My mother was confused; her father had passed away nearly 30 years earlier. My grandmother went on to tell my mother that my grandfather was standing in the room with them. "He's right over there, Anna."

My mother and everyone else in the room could not see him. Yet my grandmother insisted that he was there. What makes this deathbed experience even more intriguing is the fact that two weeks before her death, my grandmother told my cousin that my grandfather had come to her. DBVs can occur minutes, hours, and even weeks before an impending death.

AT TIMES, THESE PHENOMENA ARE EXPERIENCED BY OTHERS IN THE ROOM, OFFERING INCREDIBLE VALIDITY TO THE IDEA THAT LIFE TRULY DOES CONTINUE.

At times, these phenomena are experienced by others in the room, offering incredible validity to the idea that life truly does continue. And at still other times, those on their deathbeds mention the presence of a deceased person of whose death they had no knowledge. Dr. Penny Sartori, an author and renowned researcher in the field of near-death experiences, spoke of one such amazing incident.

"One experience that sticks in my mind was of a patient who was in my research, "she said. "He had deteriorated during the night so his family had been called to the ICU in the early hours. They stayed at his bedside for a while and then his condition stabilized so they returned home. Shortly after this, my colleague called my attention to the patient because he had become more alert and had started gesturing and talking to someone we couldn't see. He looked really happy, and he had a big smile on his face; all of my colleagues commented on how happy he looked.

"The next day, his family returned to visit, and he told them that he had been visited during the night by his deceased mother and grandmother, but also his sister — he couldn't understand why his sister was with them. Unbeknownst to him, his sister had died the week before, but the family did not tell him because they didn't want to upset him and set back his recovery."

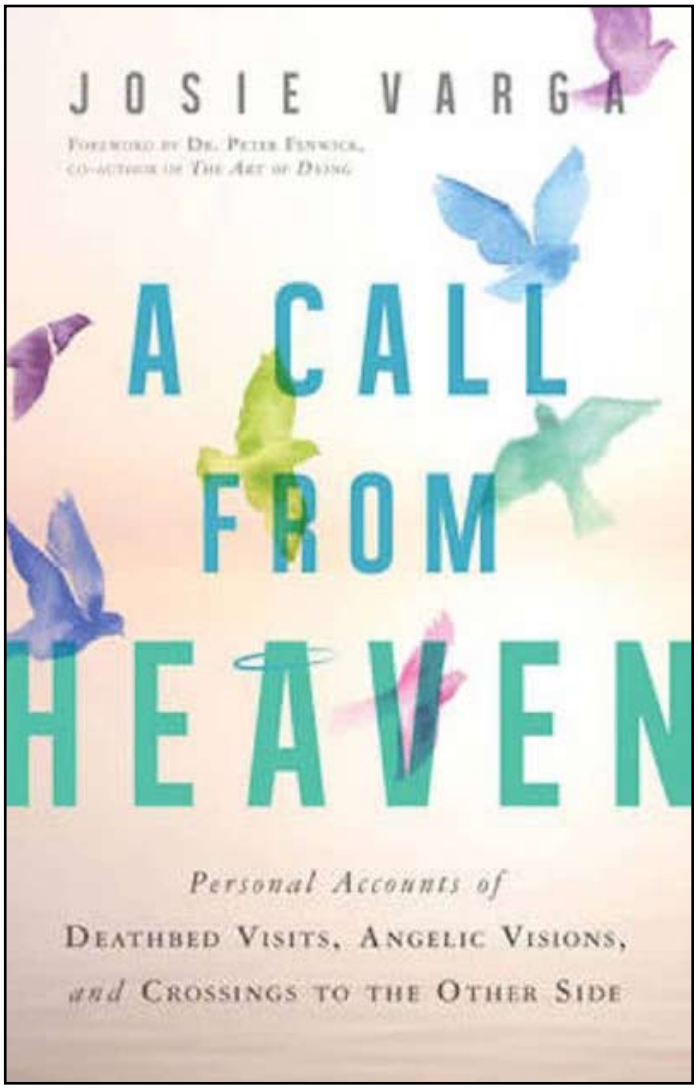
My research led me to countless remarkable accounts. Like John, who told his wife earlier in the day that there were deceased spirits around him. "I'm sitting here writing the bills, and I keep seeing people running around the dining room table. I think they're all dead people." His wife assumed her husband was imaging things. Later that night, however, John passed away from a heart attack while sitting at the same dining room table.

Common Forms of Deathbed Visits

The following are some of the most common forms of DBVs:

1. Visual — Seeing deceased relatives and friends; seeing angelic or religious figures like angels, Jesus, and the Blessed Mother.

→



2. Gateway — Witnessing the opening of a portal in which the dying see glimpses of Heaven or the Other Side.

3. Atmosphere — Room changes like temperature and physical anomalies like the appearance of bright light or mists leaving the body.

4. Synchronicity — Unexplainable occurrences like clocks stopping at the time of death or phones ringing.

5. Dreams — Dreams that announce the impending death, etc.

6. Auditory — Hearing what many on their deathbed describe as angelic or Heavenly music.

7. Shared — The visit is also witnessed by others either in the room or long distances away.

It is also important to note that people stricken with Alzheimer's disease have become suddenly coherent on their deathbeds and have been able to say their final goodbyes. However, there are no observable changes in the brain. In other words, the nerve cells don't suddenly become alive allowing such communication to take place. They remain unchanged.

Age-Old Questions Answered

So let's get back to my initial questions. Is there life after death? Stories such as those mentioned here and the many others noted in my book cannot be easily discredited. How was it possible, for example, for Dr. Sartori's patient to mention the presence of his deceased sister when he wasn't even aware that she had passed away the week before?

Now, let's discuss the other questions I had noted earlier. What exactly is death? What is the nature of reality? What exactly is consciousness? Is consciousness inside the brain?

Death is actually a very difficult term to define because the answer is not black or white. The body dies, yes, but the spirit lives on. Hence, death can best be described as a transition from this world into the next.

What is the nature of reality? The nature of reality is what we perceive to be real. For example, death certainly may appear to be the end, but it isn't.

The majority of our universe is composed of dark matter and dark energy — the unseen. Scientists cannot observe this mysterious, invisible matter, yet they know it exists because of its gravitational effects.

As I state in my book, the nature of reality will continue to be masked with the mysterious, and science will continue to come up short until researchers study the unseen. It is in studying the nonphysical world that science will finally come to understand the physical world. And it is in understanding spiritual experiences, such as deathbed phenomena, that we will come to understand life.

And, finally, what exactly is consciousness? Is it inside the brain? Simply put, consciousness is our awareness and our perception of the world around us. These deathbed and other mystical phenomena, such as near-death experiences, clearly demonstrate that our awareness continues after death.

Hence, in order for us to maintain our awareness after we die, consciousness cannot be limited to the brain. If consciousness was inside the brain, it would die along with the body. If that were the case, none of these deathbed or other spiritual phenomena would be possible.

Again, death is actually a very difficult term to define because the answer is not black or white. But I can tell you one thing for sure: Death is not the end.

To learn more about Josie Varga and her books, visit https://www.josievarga.com/. ◆

It's About Time...

Prof. Loyd Auerbach

Dr. Julia Mossbridge

Jay Verburg

ParaPsi College

Sept. 22-24, 2017

Space is limited
Register NOW!

Paranormal Education in a Class By Itself!

Time & Consciousness Precognition Past Lives
Workshops Experiments Entertainments and More!

www.ParaPsiCollege.com

Ankhasha Amenti

Manresa Castle
Port Townsend, WA

Neil McNeill

"PSEMPER PSI"

The Ghosts of SAUER CASTLE

By Orrin Grey via The Lineup, www.the-line-up.com

Perched atop a hill overlooking the Kansas River, on a winding street in an affluent residential neighborhood, Sauer Castle of Kansas City still looks like something ripped from a Gothic ghost story. Built between 1869 and 1871, the two-and-a-half story house with its soaring tower and widow's walk is said to be the finest example of 19th-century Italianate architecture in the state of Kansas. It's also said to be extremely haunted.

The Castle's original occupant was Anton Sauer, a German-born businessman who moved to Kansas City from New York after the death of his first wife in 1868. Ill with tuberculosis, Sauer nevertheless survived his westward trek, where he met a 28-year-old widow named Mary Einhellig Messerschmidt. The two married in 1869, adding Mary's two daughters to the family of five children Anton brought with him from New York.

The couple bore five additional daughters, one of whom died in infancy in the house itself and was interred on the grounds. When Anton Sauer succumbed to tuberculosis in his bedroom only a month later, he was laid to rest in Union Hill Cemetery, with his infant daughter re-buried at his side — though rumors persist that every member of the Sauer family is buried somewhere on the property of the now-crumbling estate.

In fact, Sauer Castle seems to attract many strange tales and wild stories. Legends tell of a woman who hanged herself in the tall tower, of buried treasure and buried bodies, and a secret tunnel that leads to the river. A deranged husband supposedly murdered his entire family in Sauer Castle and buried them in the back yard before killing himself.

Neighbors claim to see floating lights in the tower and on the grounds and to hear voices from within

Neighbors of Sauer Castle claim to see floating lights in the tower and on the grounds and to hear voices from within the house when no one is living there. (Photo source: FatherStorm (Own work) [CC BY-SA 3.0 (http://creativecommons.org/licenses/by-sa/3.0)], via Wikimedia Commons)

the house when no one is living there. The widow's walk is said to be haunted by the apparition of a woman who paces it in black, while on Halloween a man and a woman can be seen dancing in the tower.

While the facts of the Castle's history may be less salacious and spooky, there's plenty of dark history behind the house to please ghost hunters and historians alike. Five generations of the Sauer family lived and died in the house, including a single suicide.

On a hill in Kansas City rests a crumbling mansion with a sinister reputation.

Over the years, several ghost hunters, psychics, and paranormal researchers have turned their attentions to the Castle. In the 1980s, several investigations concluded that the haunting was localized in the attic, while Maurice Schwalm, a "historian of supernatural happenings" and the author of the 1999 book *Mo-Kan Ghosts: The Casebook of a Kansas City Psychic Investigator*, reportedly took photographs during his investigation that showed evidence of spirits.

Not all investigators are convinced of Sauer Castle's paranormal nature. After conducting a significant examination of the house and its owners, Becky Ray of Paranormal Activity Investigators seemed substantially less convinced of Sauer Castle's spectral inhabitants, referring to it as "a beautiful, empty house that seems to beg for ghost stories to be attached to it."

The current owner, Carl Lopp, a descendant of Anton Sauer who bought the house in 1988 with the intention of restoring it, is even clearer, stating in a post to a closed Facebook group that "there are no ghosts and no evil spirits inhabiting the Castle or the property."

Nevertheless, ghost stories about Sauer Castle persist. Standing in the shadow of the ominous home, it's easy to see why. So long as it sits empty and strange atop the hill in Kansas City, such tales will continue to gather in its vacant rooms like cobwebs.

Today, a massive chain link fence surrounds Sauer Castle in a futile attempt to keep out vandals, sightseers, and would-be ghost hunters. Plastic "Private Property" and "Beware of Dog" signs flap in the breeze. In spite of being listed on the National Register of History Places, Sauer Castle continues to deteriorate year after year.

Neighbors these days seem less concerned with phantoms than they are with the fate of the house itself, which may one day transform from an out-of-the-way Kansas City landmark to just another lost piece of the city's storied history. ◆

JOSIE VARGA BRIDGES THE GAP BETWEEN HEAVEN AND EARTH!

NEW

Her Books Continue to Transform Both Believers and Nonbelievers Alike. Available Online or Wherever Books Are Sold!

Call toll-free: 800-333-4499
Fax: to 757-422-6921
Order online: at ARECatalog.com

LEGEND OF THE SQUONK

BY VINCE BIOS, WWW.ABNORMALREALM.COM

Pennsylvania has many reported paranormal phenomena, from ghosts to UFO sightings, that have occurred for decades. The state is even home to several famous cryptids, such as Bigfoot, Mothman, Goatman, and a few visitations by the New Jersey Devil. One of the lesser-known and probably the most pitiful of creatures believed to inhabit the Northwestern woods of Pennsylvanian is the Squonk.

The Squonk is a legendary animal believed to live within the Hemlock forests in the Northwestern part of the state. This mythical creature is described as timid and ugly in appearance, as the creature's skin is sagging while covered with moles and warts.

Legends claim the Squonk is constantly weeping because its ashamed of it's body and will often try to avoid being seen. This creature is said to have a unique ability to escape capture from hunters by dissolving completely into a pool of tears and bubbles when cornered.

One well-known story about a captured Squonk told in Pennsylvania involves a man named J.T Wentling. Sometime in the early 1900s, the creature's skin was deemed valuable, and Wentling when out hunting for one.

One night with a full moon, he tracked the animal down by following the glistening trail made from its tears. Upon sighting the Squonk, Wentling coaxed it into a bag by imitating the creature's weeping under a hemlock tree.

While carrying his prize home, he suddenly noticed that the bag was lighter, and upon opening it, he found nothing inside but tears and bubbles.

This may be the source of their "scientific name," *Lacrimacorpus dissolvens*, from the Latin words for "body tears."

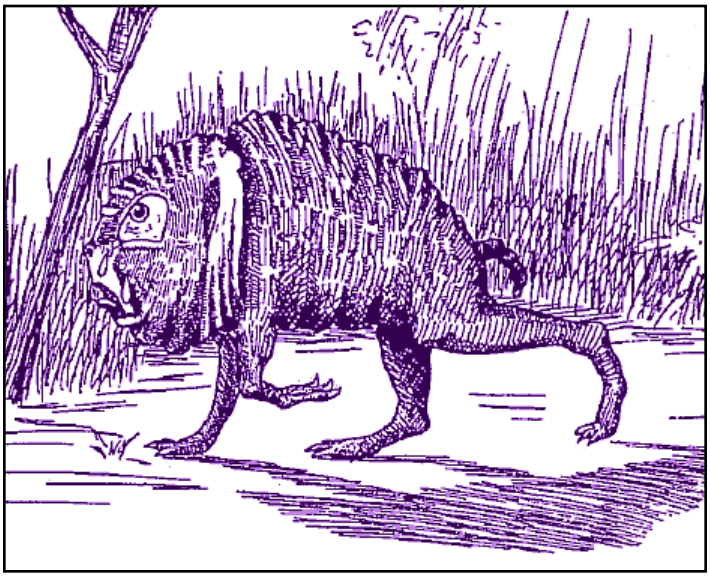


Illustration of the Squonk from *Fearsome Creatures of the Lumberwoods* illustrated by Coert Du Bois and by William T. Cox. (Photo by Coert Du Bois and by William T. Cox; [Public domain], via Wikimedia Commons)

The legend of the Squonk has been spoken in Pennsylvania since the early 19th century, with the first written account made in a book by William T. Cox called *Fearsome Creatures of the Lumberwoods, With a Few Desert and Mountain Beasts* (1910). Lumberjacks and hunters were mainly the source of early sightings of the creature.

Several cryptozoologists theorize the Squonk legend may have resulted from encounters with malformed wild boars within the time period, as there are no newer accounts of the creature reported. ◆

When was the last time opening your mailbox gave you the chills?

Get $5 off your subscription with code **PARANORMAL5** at **creepycrate.store**

CREEPY CRATE
BY THE LINEUP

The Haunted History of THE WHITE HOUSE

By John Young, http://hubpages.com/@jy3502

First Lady Mary Todd Lincoln believed strongly in the occult, and she reportedly held séances in the White House to commune with spirits. On many occasions she told friends she had heard Andrew Jackson stomping around and swearing. The Rose Room, Jackson's bedchamber, is said to be one of the most haunted rooms in the White House.

Lincoln, who is believed to have attended two of his wife's séances, actually foresaw his own death more than once in dreams he had shortly before he was killed.

Perhaps, the White House may be the nation's most famous haunted house. Several other ghosts of famous people have also been seen by credible witnesses.

At the time President Adams and his wife, Abigail, resided in the White House, she had a problem finding a place to hang their laundry. The building had not been fully completed and was not adequately heated. The warmest and driest place in the White House was the East Room. Therefore, that's where she hung her clothes line.

Reports of Abigail Adams seen hurrying toward the East Room with her arms outstretched as if carrying a load of laundry continue circulating today. She is thought to be the oldest ghost on the property.

When the second Mrs. Woodrow Wilson moved into the White House, she had gardeners dig up the rose garden Dolley Madison had planted during her stay. The gardeners fled for their lives when Dolley's ghost appeared to stop them. Dolley's garden flourishes to this day.

Abraham Lincoln seems to be the ghostly apparition most commonly encountered at the White House. When President Lincoln was alive, he told a friend he dreamt of his own death. He dreamt of hearing people mourning, going to the East Room, and seeing a casket. In the dream, Lincoln asked a guard who had died. The guard replied, "The President. He was killed by an assassin."

The White House is said to be home to several ghosts, including that of Abraham Lincoln, Andrew Jackson, Abigail Adams, and Dolley Madison.

Grace Coolidge, wife of Calvin Coolidge, was the first to report seeing Lincoln's ghost. She said he was standing at a window in the Oval Office, hands clasped behind his back, staring deep in thought out over the Potomac River.

Cesar Carrera, valet to Franklin Delano Roosevelt, reported hearing someone calling his name in the Yellow Oval Room but no one was there. And Queen Wilhelm-

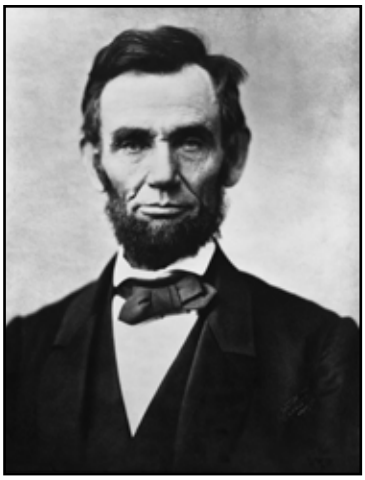
ina of the Netherlands, while visiting the White House, claims someone knocked on her bedroom door in the middle of the night. When she opened it, Lincoln stood before her ... top hat and all. She immediately fainted.

Mrs. Roosevelt's secretary, Mary Eben, also reported seeing Lincoln sitting on his bed in the Lincoln bedroom putting on his boots. Many other workers also say they saw him lying on his bed.

Presidents, first ladies, staff members and guests have all reported feeling ghostly presences, hearing unexplained noises, or even seeing actual apparitions.

During the Truman years, a guard heard a voice say, "I'm Mr. Burns." Burns was the man who sold the government most of the property on which the city of Washington stands, including the White House.

Andrew Jackson's ghost showed up in White House correspondence of President Harry S. Truman. In June 1945, he wrote to his wife, Bess, of how spooky his new residence was: "I sit here in this old house and work on foreign affairs, read reports, and work on speeches, all the while listening to the ghosts walk up and down the hallway and even right in here in the study. The floors pop and the drapes move back and forth. I can just imagine old Andy Jackson and Teddy Roosevelt having an argument over Franklin Roosevelt."



Abraham Lincoln actually foresaw his own death more than once in dreams he had shortly before he was killed.

"Lady Bird" Johnson, wife of President Lyndon Johnson, testified she felt Lincoln's presence one night while watching a television program about his death.

First Lady Eleanor Roosevelt often used the Lincoln Bedroom as her study, and said she would feel his presence while working late into the night. She also said she once heard someone pacing on an upper level of the White House. When she investigated a staff member told her the room in question was not occupied and "that was old Abe pacing the floor."

British Prime Minister Winston Churchill, who visited the White House more than once, told a story of emerging from his evening bath and seeing Lincoln's apparition sitting by the fireplace in his room. ◆

Winter Balefire
Love Letters Destroyed
Love Letters Destroyed is Winter Balefire's first book of poetry now available at Amazon, Lulu, Barnes & Noble and all fine retailers that sell great books. Pick it up in eBook and signed paperback editions today!
Love Letters Destroyed is a collection of poetry representing all that is written and left unsaid. Sleepless nights, dark thoughts, and broken bits of sanity fill these pages. Each piece tells a story and each story will reveal every part of your psyche you've hidden from. Here you will find everything you've ever felt but have never said aloud.

Are You a Sensitive, Psychic, or Empath?

What's the Difference?

BY RAINBOW RADAELLI, WWW.TRUTHSEEKERHIGHWAY.COM

If you watch any of the multitude of shows on TV and the Internet, you'll happenstance on an interesting conundrum, the use of three words to describe a similar type of person: sensitive, psychic, and empath. I'm sure there is a preference among those using these descriptive words, but what's the real dish? And is there really a difference between these numinous meanings?

I am leaving out a few other names that are similar because it became rather silly to include them all in the title, so I thought I would just share some of them for ballyhoos and grins — medium, clairvoyant, fortune teller, and crystal gazer.

Interestingly, I have always considered myself an empath. No one told me that I was an empath; I just grew up knowing that was what I was. It feels sacrosanct on so many levels when abilities are passed down generationally from family members who were psychic or empathic, who then pass on their experiences and knowledge. It can become extremely powerful "woo woo."

My grandmother passed down to my sisters and me a time honored ability — she was a healer. My daughter at age seven knew she was a healer, telling me she had healer's hands. I never told her about her great-great grandmother being a healer before that. Imagine for a minute what each generation passes down to the next and what that significance is for each generation coming into their own. There seems to be an inner clandestine kind of "knowing" we are born with.

How does any one of us know who we truly are? As in my case, it was just a feeling, but how did I instinctively know just like my daughter did? How do others find their path? Can it be passed down in the genes?

Empath Rainbow Radaelli defines the multiple titles given to those with extrasensory perception. (Photo by Pat Berrett.)

How far down the rabbit hole do we go to find out why there are so many titles to an ability that seems to be a part of our human history since biblical times and probably before?

In the Middle East, it is thought by some that psychics might work with the Jinn. Some people think Jinn are deceivers and can only speak about a time frame of reality in which they currently exist in, fabricating future and past events. In other words, psychics are just considered scam

→

Paranormal Underground Radio

Explore the Unexplained!

- Ghosts & Hauntings
- UFOs & Alien Encounters
- Cryptozoology
- Spirituality
- Metaphysics
- Dream Interpretation
- Paranormal Investigation
- Crystals & Herbology
- Paranormal Equipment
- Urban Legends
- Magic & Lore
- Reincarnation

CHECK OUT OUR PODCASTS AT:

Podbean and iTunes

https://paranormalunderground.podbean.com/
https://itunes.apple.com/us/podcast/paranormal-underground-radio/id306414718?mt=2

To advertise on Paranormal Underground Radio:

email editor@paranormalunderground.net

artists. Certain religions look at the ability to speak to the ethereal world as witchcraft or sorcery. For something so common, it seems like there are many religious and cultural taboos about it.

Why is there a certain amount of fear or concern when it comes to psychic abilities? Different cultures have superstitions regarding anyone who can see beyond the veil because it's part of the unknown, and to a certain extent forbidden.

I had a birthmark in the middle of my forehead that resembled an exclamation mark. Thank God it eventually faded away as I went through elementary school, but can you imagine my plight if I would have been born in the Middle Ages? Superstition, fear, and misconstrued ideologies could have been my downfall. Looking different wouldn't have helped my plight. Even in these modern times it still factored in — me being made fun of at school.

I also think that people fear those who can see and hear what they can't. Nobody likes to feel as if they are at a disadvantage right out of the box, especially when they are frightened. Unfortunately, there are shysters out in the world who take advantage of naïve and uniformed people who experience paranormal situations.

Opposite of this are those of us who are defenders of both the worldly and ethereal realms, searching for resolutions and answers. The clear divide is that we protect those who are frightened while our adversaries take advantage of their fears.

I thought I would include short definitions of the various titles/labels so we can take a good look at how they are described and which ones we are captivated by.

Clairvoyant

A person who claims to have a supernatural ability to perceive events in the future or beyond normal sensory contact.

Psychic

Relating or denoting faculties or phenomena that are apparently inexplicable by natural laws, especially involving telepathy or clairvoyance.

Empath

A person with the paranormal ability to capture the mental or emotional state of another individual.

Sensitive

A person who is believed to respond to situations past and present and those connected to occult influences.

Medium

Uses his or her psychic or intuitive abilities to contact and see the ethereal world.

Fortune Teller

A person who is able to predict a person's future by palmistry, using a crystal ball, or similar methods.

Crystal Gazer

A person who looks intently into a crystal ball with the aim of seeing images relating to future or distant events.

Precog

A person with the foreknowledge of an event.

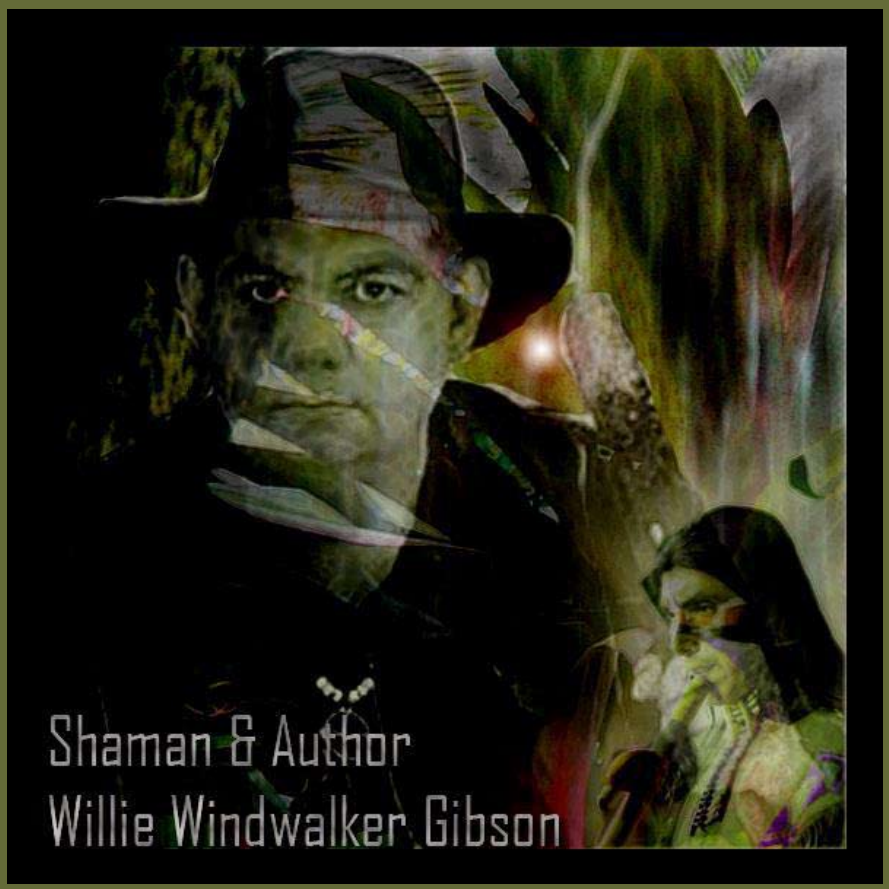
Interchangeable Titles

These definitions all have one thing in common, the paranormal. To varying degrees, most are close in their definitions. So why are there so many descriptions for a similar ability?

I think since humanity encompasses the entire planet, it makes sense that with language and cultural differences we have a multitude of descriptions to choose from. It all boils down to how connected anyone is to the paranormal and their ability to resolve problems arising from the unknown.

The way I see it, all the titles combined do one thing that is the same; they make the unknown, knowable. There's comfort in seeing something for what it is instead of what we fear it to be. So whatever title you choose, relish in the fact that they are all connected and, for the most part, interchangeable.

For the nonbelievers out there, all it takes is for one inexplicable paranormal experience to happen ... believing is seeing. But with the paranormal, it's what you can't see that makes you a believer.◆



Willie Windwalker Gibson

offers readings via email or by phone.

Email For More Information:

crystalchief55@aol.com

https://www.facebook.com/willie.gibson.3517?fref=ts

THE SHADOWS

By Willie Windwalker Gibson

People ask me all the time about shadow people and where they come from. I tell them my personal thinking on shadow people is that they are from another dimension. I think that they can't find the energy to fully transform.

One case I worked on during which I ran into shadow people was back in 2010. I got a call from a woman having trouble in her home. She was encountering shadow figures that were scaring her kids. I asked her what exactly was going on, and she told me that these shadow beings would appear at different times of the day in her house. It didn't matter if it was day or night.

The black masses would appear in the hallway and move down the hall. Other times shapes of people would appear on the walls and move along the walls until they disappeared. The woman said the energy in the house was heavy and felt negative. She also said that sometimes she could smell foul odors, like rotting food.

I asked her if the shadow people tried to hurt anyone in the home, and she said that there had not been any physical attacks, but the children were being emotionally scarred by the sightings. She also admitted that the shadows were even scaring her at times.

I told her I would come by her house, check out the shadows, and come up with a solution for her.

A few days later I arrived at the woman's house in the suburbs of Louisville, Kentucky, almost into the country. It was set off the main road on a dead-end street.

I drove up to the house and just sat there for a few minutes, reading the outside of the house. I do this with every case I work to make sure it's safe to enter. I could see the house looked normal on the outside. I could sense no dead ground or signs of graves. Sometimes the grounds hold solutions to hauntings; this time the ground was fine.

I walked up to the house and knocked on the door. A woman in her late-30s answered. She seemed very nervous. I introduced myself, and she let me in.

Right away I could feel that the energy of the house was dense and dark. I knew there was an energy in there that was draining as well. I proceeded to walk through the house. Going through each room, I could feel residual energy from something that had passed through the room.

Finally, I got to a room with the door shut. I asked the woman whose room that was. She told me it was her bedroom. I asked if I could enter the room, and she said yes.

Willie investigates a house in Kentucky where shadow figures are frightening a family. (Photo by w:User:Timitzer (http://en.wikipedia.org/wiki/File:Shadowman-3.jpg) [CC BY 3.0 (http://creativecommons.org/licenses/by/3.0)], via Wikimedia Commons)

I opened the door and walked in. It was 2 p.m. in the afternoon, and the room was dark, like it was the middle of the night. Right away the darkness started to fade away. The woman told me that it was the mass showing up.

I told her that I needed to do a clearing on her house to see if I could get the energies busted up so the mass had no energy to form. She asked me what she should do, and I told her to get the kids and leave for about three hours.

After she left, I got out my tuning forks and began clanging them together in each room. I could see figures appear on the walls and slowly start moving about in a shaking manner, like they were morphing trying to stay solid. I kept on clanging the tuning forks louder and louder. Then a mass appeared in the hallway in front of me. The mass started coming at me, and as it did, I started walking in its direction. I stood my ground.

As the mass enveloped me, I felt a static charge pulling the energy from my body. I hit the tuning forks together hard, and the vibrations rang out louder so that it shook the house. I kept doing it over and over again. Finally, the mass faded out.

AS THE MASS ENVELOPED ME, I FELT A STATIC CHARGE PULLING THE ENERGY FROM MY BODY.

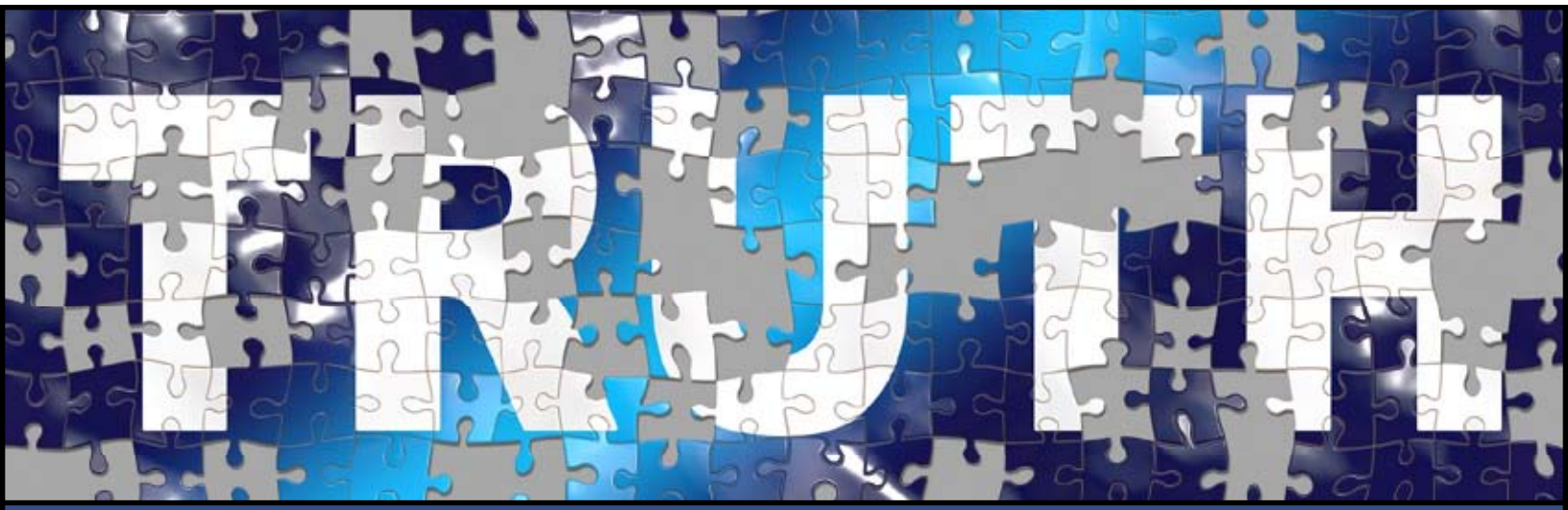
I could smell burned wiring, as if something shorted out. The house felt lighter and brighter. I pulled a vile of holy water from my pocket and started splashing it in every room while I said the Holy Trinity. Then I walked outside and blessed the grounds.

I walked back inside and sat down in the living room. About a half hour later, the door opened and the woman and her kids came in. Right away she could feel the house felt different, more at peace. The kids looked at each other and smiled. They took off and ran to the rooms and they yelled, "Mom, they're gone!"

The woman looked at me and asked, "Are they gone?" I shook my head yes. She smiled at me and gave me a hug. I told her that the shadows were gone and that they wouldn't be back, but that if she had any more trouble to call me.

I left the house knowing that the shadows' doorway into this world inside that house was closed.

It's important to remember that everything has vibrations. I have learned that to be a very good tool in dealing with negative energies. Disrupting a negative vibration will take its power away. ◆



ARE YOU A TRUTHSEEKER?

http://truthseekerhighway.com/
http://truthseekerforum.com/

6 Things the Internet Says About Skinwalkers

By Krystle Vermes, www.getspooked.net

In recent months, there has been a flood of paranormal television centered around skinwalkers. It may just be a coincidence, but nonetheless, it poses the perfect opportunity to dive into the topic and learn more about these supernatural creatures.

Upon hunting for more insight into skinwalkers, you'll likely hit a brick wall. As it turns out, there are only so many resources pertaining specifically to skinwalkers. Much of what's out there is also seemingly lore, although one could argue that the entire premise of skinwalkers is a legend in itself.

Here is a breakdown of what you'll generally find about these creatures and their prominence in the paranormal. Keep in mind that because beliefs on skinwalkers vary, none of these should be interpreted as hard facts but rather popular interpretations of the legend.

1. They Have Tribal Roots

In the American Southwest, many tribes have their own beliefs about skinwalkers. For the most part, these creatures are believed to be shape-shifters — sometimes witches — who can transform themselves into various animals.

When a human successfully shifts into his or her animal form, the person takes on the creature's characteristics (e.g., speed, strength).

2. Using Their Name Can Kill Them

Many people believe that if you use a skinwalker's real name in its presence, it will become ill or die. There are few reasons behind this, but knowing the skinwalker's true identity appears to give you control over the being.

3. Skinwalkers Are Advanced Beings

As one might imagine, it takes a lot of effort to transform from human to animal. For this reason, skinwalkers are thought to be advanced creatures — it takes practice to morph, so to speak. In some tribes, skinwalkers are the individuals who possess advanced spiritual medicine skills.

4. Skinwalkers Create More Skinwalkers

Think of it as anything else that requires training or apprenticeship. Many people believe that skinwalkers are born out of other skinwalkers — people can actually be trained to become these supernatural creatures. Some also believe that there are special ceremonies held by skinwalkers when a new individual is initiated.

5. Skinwalker Ranch Is a Real Place

Skinwalker Ranch is a real place known as Sherman Ranch, located in Ballard, Utah. However, it is not only home to supposed skinwalkers — it has also been a hot spot for Bigfoot sightings, poltergeist activity, crop circles, and UFO encounters. Several television shows and books have made Skinwalker Ranch a focal point of their paranormal investigations for this reason.

6. The Rake Is a Skinwalker

Of course, this is assuming you believe in The Rake, which originates from the Internet, according to many people. The Rake is a dark, shadow-like creature with long fingers — it stalks its victims and sends them into a deep depression, sometimes convincing them to take their own lives. Because of its large body and humanoid features, some believe The Rake is a skinwalker gone wrong.

A quick search for skinwalkers on the Internet will bring up a wide array of forum posts and blog articles on the topic. This is only a general overview of the information you'll find, but even in its most basic form, skinwalkers are clearly one supernatural legend that shouldn't be taken lightly. ◆

5 PROTECTION METHODS USED AGAINST WITCHES

By Winter M. Balefire, www.WinterBalefire.com

Witches are possibly the most popular scapegoats in history. In the past, and even sometimes today, an illness, poverty, or misfortune was immediately thought to be caused by witches. Some were certain these powerful beings were out there just waiting to wreak havoc with potions and curses. So, naturally, one had to seek out ways in which to protect themselves from such evil. Here are a few ways people have sought to protect themselves from witches.

Items like witch bottles (pictured above), hag stones, and horseshoes were used for protection against witches.

1. Witch Bottles

Witch bottles date back to the late 16th and 17th century in England and America. The idea behind these bottles was to help someone who believed a curse was placed upon them. The victim of the curse would fill a bottle with sharp objects, such as bent pins or needles, as well as something that signified the victim, such a drop of their blood or fingernails.

Next, the bottle is filled with their urine to symbolize the Witch's bladder. Other variations used stones, thread, feathers, sea water, and so on. The contents were as personal as the victim needed them to be. Once prepared, the bottle was corked and placed in a secret spot in the home, burned, or buried.

There was a belief that if the bottle was tossed into a fire and destroyed, the curse would be lifted. Some felt keeping the contents intact would cause stress and irritation to the witch and they would be forced to lift the curse to ease their torment.

2. Hag Stones

In Southwest England, hag stones were a popular tool for protection. These were stones that had a natural hole through them. They would be hung in doorways or windows to protect the home and ensure the children would not be taken by witches. Some would hang them above the bed to prevent a hag from sitting on their chest at night causing "old-hag syndrome," or what we now know as sleep paralysis.

These stones would also be tied around the necks of horses to prevent them from being stolen. Another popular theory was if you looked through the hole in the stone, you could see someone for who they truly were, see through any glamour spells, and even see other inhuman entities that may be roaming.

Hag Stones could only be used by the one who found it or if it were given as a gift with love.

3. Horseshoes

One of the most widely recognized good luck charms is the horseshoe. It was believed that the iron in the shoe could help to repel witches and demons.

According to European folklore, witches cannot pass over cold iron. The horseshoe must be placed with the pointed ends facing down to repel evil. They were placed in doorways to prevent these entities from entering the home, placed above the bed to prevent nightmares, and hung in chimneys to stop witches from finding their way inside.

When a horseshoe was placed with the pointed side up, this was to prevent good luck from spilling out.

Hag stones would be hung in doorways or windows to protect the home and ensure the children would not be taken by witches.

4. Witches' Seats

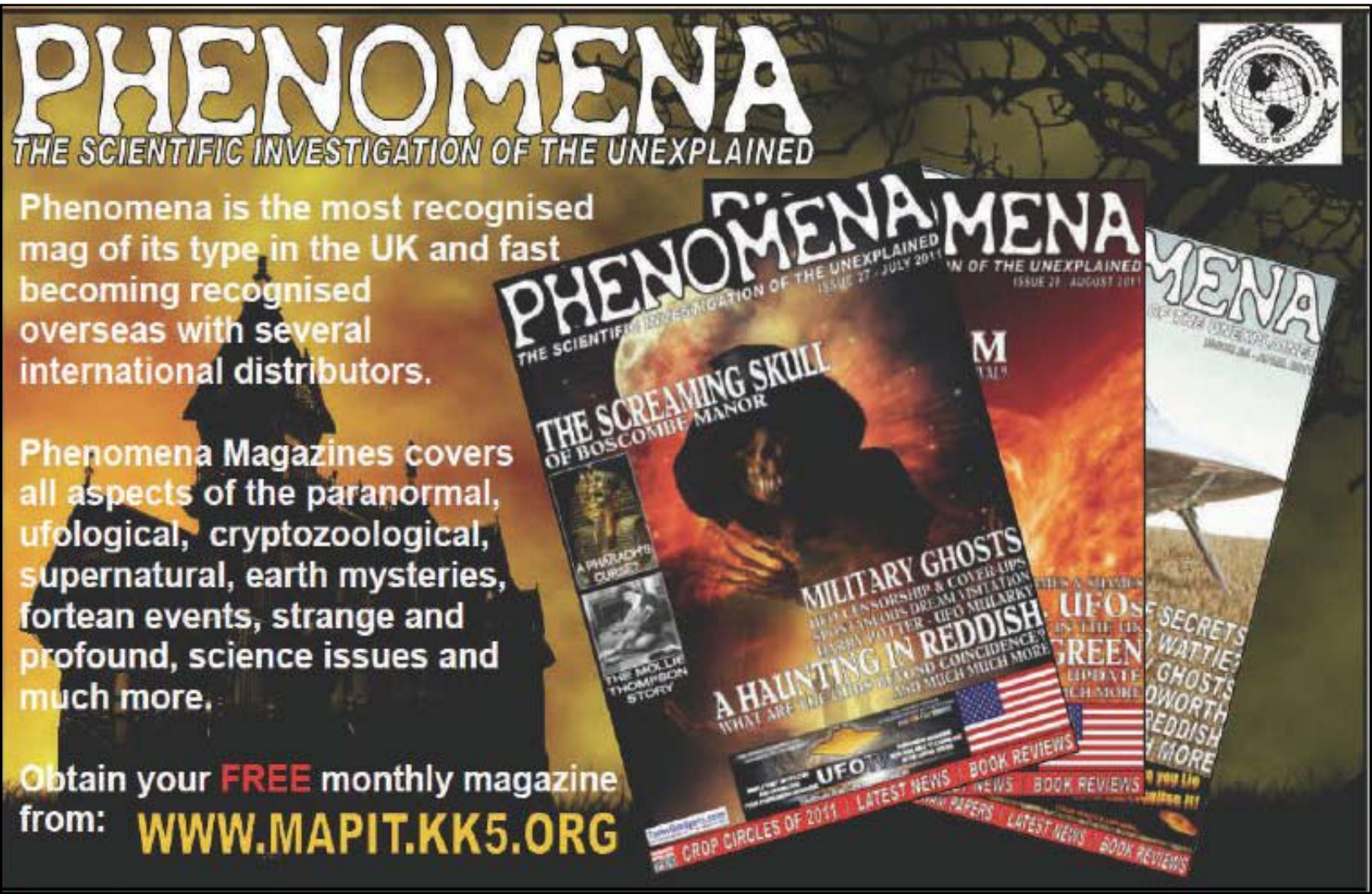
In the Channel Islands, you may still be able to see small ledges near the chimney of certain dwellings. Some will tell you the purpose of these ledges was to keep rain water from damaging the thatched roof. However, others knew these to be used as witches' seats.

There was a belief that witches met every Friday night and would have a long flight back across the islands. Of course, these witches needed a place to rest, hence the purpose of the witch seat. If the seat was not available, the witch would become angry and possibly invade the home, bringing chaos.

5. Witch Marks

Apotropaic marks, also known as witch marks, were popular in medieval homes and churches. These marks were placed near doorways, windows, and chimneys as protection against witches and demons.

Either carved in stone or made by the torching of a candle flame, these marks consisted of pentagrams, compasses, the letters V and M for the Virgin Mary, and overlapping lines and mazes known as demon traps. Evil entities were supposedly drawn to these lines and would remain stuck, following the endless pattern. ◆


PHENOMENA
THE SCIENTIFIC INVESTIGATION OF THE UNEXPLAINED
Phenomena is the most recognised mag of its type in the UK and fast becoming recognised overseas with several international distributors.
Phenomena Magazines covers all aspects of the paranormal, ufological, cryptozoological, supernatural, earth mysteries, fortean events, strange and profound, science issues and much more.
Obtain your FREE monthly magazine from: WWW.MAPIT.KK5.ORG
THE SCREAMING SKULL OF BOSCOMBE MANOR
MILITARY GHOSTS
A HAUNTING IN REDDISH
UFOs
BOOK REVIEWS
LATEST NEWS
CROP CIRCLES OF 2011

DOGMAN VS. WEREWOLF: Similar Cryptids With a Big Difference

By Rainbow Radaelli, www.TruthSeekerHighway.com

Cryptids have always been in the background in my life experiences, even when I worked cattle or "packed up" the Continental Divide in Colorado. I knew they existed, but I always felt our paths wouldn't cross in the typical fashion that you hear about.

It wasn't because I ignored the reality of their existence, more so I truly believed back in my youth that what we focus in the moment, we intend into our reality. Little did I know paths cross with an unknown timing even we aren't aware of.

Because of movies, legendary lore, and campfire stories, there seems to be some confusion between two cryptids, one called Dogman and the other more commonly known as a werewolf. I had two very different experiences with both. I want to share my encounters in order to show that the difference between them is night and day.

I personally wouldn't have known the difference between the two if it wasn't for the unexpected encounters I had with both. One experience was early on in my 20s, while the other was just a few years ago. Funny, though, on the fated days of either encounter, they were just like any other day. Isn't that how it always begins?

My Encounter With a Dogman

During a weekend excursion in 2014 with my husband, Michael, our morning began with the bright idea to go for a day drive up the Sandias in New Mexico to do vortex photography. It never crossed our minds we would see a Dogman or his companion, a large brown bear. It was just by chance we saw what many have seen in much scarier situations.

Cryptid enthusiast Rainbow Radaelli shares her encounters with a dogman and werewolf and how very different each encounter was.

Pictured at left is a photo that Rainbow took of a dogman she encountered while doing vortex photography in New Mexico. The image above is a zoomed-in shot of the original photo. The red circles show the dogman.

Our experience started as soon as we got out of our car and I started to climb some rocks on the opposite side of a walkway. I had lost my balance and was teeter tottering all over the place until I finally regained my balance. I was babbling off something to Michael when he yelled, "Rainbow watch out for that bear!"

I looked past the road toward a thicket of large bushes and saw massive haunches turning in front of me and the sound of branches being cracked and crunched as it ran away. I guess almost falling over on the rocks must have scared it. I can only guess.

As I watched the bear run away, out of some trees to the right of it, I saw a very strange person walking, going opposite of the bear. Its stride was like something I've never seen a normal person do. There was up to four feet of space in between each step, which means that I was looking at someone very tall. His back was hunched over, and at first I thought he was carrying a very heavy backpack.

My mind was going a hundred miles a minute trying to figure out what exactly I was looking at. Then I realized that it wasn't a backpack but the man's back. Then I saw how strangely colored the man appeared to be. At this point, I had no idea I wasn't looking at a man. His color varied from gray, purple, and dark brown to black, but with his quick stride, the colors seemed to blur together.

He didn't turn and look at me but kept up a very fast pace, walking down what we eventually saw was a hidden path. I said to Michael how weird this fellow was, but he couldn't see him. I then pointed to the location of where he went, and as we walked in that direction, a horrible feeling overcame us.

Something emphatically told both of us to stay back in our minds. It was a clear message and one I was willing to ignore, but not Michael. I wanted to go down the path further, but he said it was too dangerous.

I must say, the intense feeling made me nauseous. My adrenaline was racing, and I could feel my heartbeat all over my body. It was at this point that I decided to take photos in the direction the strange hiker had gone.

It was in one of these photos that we captured what turned out to be a Dogman. He was standing and watching us as we were trying to figure out what to do next. It was quite the surprise and the beginning with my contact with Tulack, a very solitary Dogman.

→

During a Vision Quest at the age of 23, Rainbow was "hunted" by a frightening creature, a werewolf. "I could hear breathing from far behind me, with a slight growl escaping its jaws, besides sagebrush and rocks being scattered and trampled."

Timing and luck were with us, and with this encounter we realized that our preconceived notions of what a Dogman would act like needed to be thrown out with the bath water. In our case, he didn't act like a wild animal and had an intelligence to him that surprised us both.

How I Know Werewolves Are Real

My other experience was on the opposite end of the spectrum, a real-life nightmare of nightmares. It's been the only time in my life that I felt I was being hunted. In some ways, my story may seem unbelievable, and to be honest, even I would have some doubts. But the difference is, it happened to me.

The Taos Mountain in many ways became my enchanted forest, the mystery connected not only to my soul but the unseen shadows, ancient and sentient. It was the place of my first Vision Quest.

This happened up in the back mountains of Taos when I was 23. The three-day Vision Quest started with prayers and a peaceful repose that lingered throughout the days and nights of meditation.

As I was lying down in my tent late one evening, I noticed that I had goosebumps on my arms. I sat up and felt the hair on the back of my neck stand up. The silence was deafening, along with the startling angst in my chest. The dead silence alerted my inner warning bells, and they started to chime frantically. The beautiful night's tranquility had been shattered within the blink of an eye.

I have always felt that trees can hide people from danger, if only they are asked to do so. The trees seemed to shelter me, and I felt hidden away in my private world of meditation. With the trees as my allies, I had a false sense of protection. They, after all, could only do so much from their high vantage points. But as I was to find out, they have other ways of warning people of possible danger.

A voice, Elemental in nature, yelled, "Run!"

It seemed the trees started to creek and moan loudly, waving at me, seemingly throwing branches at my tent. I scrambled out of my tent and started running without a second thought.

The moon was full and high within the darkened night sky, yet her luminous glow was my beacon leading me in the direction of my family's campsite. With the speed of a scared rabbit, I jumped over sagebrush and knew that even one glance back would be my downfall.

I could hear breathing from far behind me, with a slight growl escaping its jaws, besides sagebrush and rocks being scattered and trampled. I was running as fast as my feet allowed me, and, in some strange way, I knew that if I didn't pick up my pace, I was a goner.

Somehow I just went for it, an all-out run, yet to my horror, this thing was gaining on me. I could feel its gaze, that of a hungry predator penetrating my back. To put it bluntly, I felt like a deer or antelope running for my life.

Somehow my superhuman powers (more so the fear of dying) took over, and I sprinted home with a speed I didn't know I was capable of. I ran into our house trailer and slammed the door behind me. I could tell "it" had stopped chasing me a couple yards away.

The horses started to get panicky, and the dogs growled and barked. To put it mildly, I woke up the whole camp, humans and animals alike.

That night, I realized that I was just out of harm's way by seemingly an arm's length. That night I was lucky that the werewolf backed off.

Stay tuned for Part 2.◆

PARANORMAL UNDERGROUND®

GET YOUR 12-MONTH DIGITAL SUBSCRIPTION TODAY!

Read About Ghosts, UFOs, Urban Legends, Magic, Cryptids, Demonology, Conspiracies & Psychic Phenomena

SUBSCRIBE TODAY FOR A MONTHLY PDF!

https://paranormalunderground.net/Digital_Subscription.html

Buy One, Get One Free:
Investigating Upscale Resale Antiques

By Bob Fountain, Spectral Tech

It's a pretty good bet that the readers of *Paranormal Underground* magazine are also frequent viewers of the plethora of paranormal shows on television as well. One such show is called *Haunted Collector*, featuring John Zaffis, a well-known investigator, along with his paranormal team.

The premise of the show is that during their investigations, John and his team find objects to which spirits are attached and are the cause of the activity their clients are experiencing.

These objects can be found on the grounds, left inside the residence by previous owners, or purchased and brought into house by the current occupants. Once the connection is made between the spirit activity and the object, John gives the client the choice of keeping the object or allowing them to remove it from the site. I have not seen an episode yet where the client says, "Cool, I think we will keep it!"

Many of the objects that have been brought to a location are from a wide variety of sources. Inheritances, yard sales, flea markets, estate sales, and antique malls are at the top of the list of where people obtain or buy what used to be other people's treasures.

The thing is, if the previous owner has passed on, it may not have diminished their attachment to what they considered a personal treasure. In such cases the spirit may stick around to ensure their beloved article is going to someone who will cherish it as much as they once did. The spirit may be lost or confused and may just stay close to the object for the comfort it once brought them. Whatever the case may be, spirits have been known to be connected to objects they once possessed.

What better place to test this theory than in an antique mall that contains thousands of items that were previously owned by the deceased. What are the odds that some of these items have spirits attached? We got the chance to find out.

Upscale Resale, an antiques store in Covington, Tennessee, is home to paranormal activity, including full-bodied apparitions, lights turning on and off, and moving objects.

An Unusual Request

Early in May, I was asked by Wayne Rhodes, owner of Upscale Resale Antiques, if I did exorcisms. When I talked with him to point out that exorcisms are not something you do first, he said the request was somewhat tongue-in-cheek. But he did tell me strange activities had started again in the store, and he wanted to know if we could check it out.

Both store employees and customers have seen the apparition of a man on the second floor of the antique store. He is described as middle aged with a white shirt, dark pants, and glasses.

Upscale Resale is located in the Covington, Tennessee, town square and sells high-end items. It was formerly a bank building and has two stories filled with a myriad of rooms and hallways. Each of these rooms contain objects brought in by various vendors.

A Little Background

A year earlier, our team had investigated activity in the store. Store employees had told us the lights that were turned off on the second floor at the end of the day would be mysteriously turned back on when they opened the next morning. Many of the employees said they felt like they were being watched when they were alone on the second floor as well. Many of our team members during that investigation noted the same feeling of being watched and felt unwanted in certain areas of the second floor.

That investigation did not give us any conclusive information other than the K-II EMF Meters going to red around certain objects and batteries draining on some of our equipment. We also had no responses on our digital recorders. Activity died down in the store, and we just labeled it as an uneventful and inconclusive investigation.

New Evidence

When I met with the store manager, Angela Wilson, she provided me with some very interesting information that prompted the request for another investigation. Angela stated that around the first week in April, during closing, she was on second floor turning off lights in the building for the night. As she was turning out the lights, she saw a man walking down one of the halls.

Thinking she just turned out the lights on a customer, she went to apologize but the man had disappeared. She searched the entire second floor and found no one. When she asked the staff on the first floor, they reported that no one came down from the second floor.

During the next few weeks, two other customers of the store saw the same person walking down the same hallway during regular store hours. And three days in a row before we began our investigation, activity increased.

On Tuesday, May 9, one of the store staff was in the kitchen on the second floor heating her lunch in the microwave. Suddenly, a tall shelf, leaning upright against the wall behind her fell over. The way it was placed against the wall ruled out that it could have accidently fallen over. It had been pushed over.

On Wednesday, May 10, one of the staff was sweeping the floors on the second floor, and she saw a man walking down the same hallway. The man appeared solid enough that she tried to talk to him.

On Thursday, May 11, a customer, who happened to be psychic, went as far as alerting the staff that they had a spirit in the store.

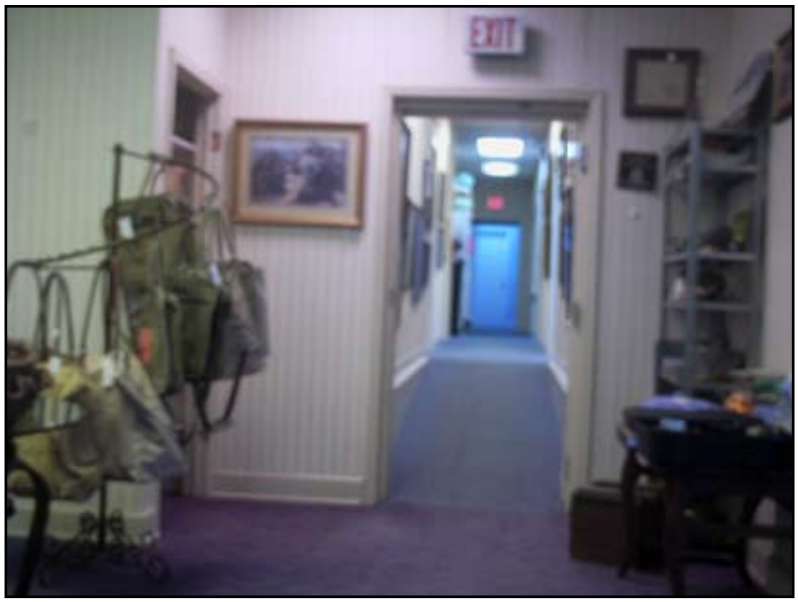
What made these observations important was the fact that every one of these witnesses described the person they saw exactly the same way. The man was middle aged with a white shirt, dark pants, and glasses. There had been rumors that a banker died in the building, but we could not verify that rumor.

The Investigation Begins

On Friday, May 12, our team, Spectral Tech, began our investigation. Our team members for this investigation consisted of Nick McDivitt, Mickey Materna, Scott and Lisa Oates, and myself.

We primarily focused on the second floor where the current activity had occurred, although we also had members investigate the first floor as well. We used cameras, digital recorders, K-II Meters, a V-Pod, and an SB11 Spirit Box as our primary equipment.

→



Pictured above is a shot of the second floor, where the spirit of a man is seen roaming the hallway. Pictured at right is store manager Angela Wilson, who has witnessed paranormal activity in the store.

Although a full-body apparition is what we all hoped for, these are extremely rare, and we were somewhat disappointed that it did not greet us during the night. We did, however, get several interactions with our equipment.

Interactions With the K-II

One of the notable aspects of the investigations during the night was the responses we got with the K-II Meters. When we started our EVP sessions, we got immediate responses with the K-IIs. When asking yes/no questions, there was no delay on lighting up our meters in response, and when we asked to turn them off, we got immediate responses. Some of the highlights from these K-II responses include:

- It confirmed that it was the spirit that people had seen in the store.
- It confirmed that it was between 40 and 50 years old.
- It confirmed that it was attached to some object in the building.
- It did not like the cameras and didn't want its picture taken.
- It didn't like the spirit box.
- When asked if it knew if it was dead, we got a significant amount of static on the digital recorders but could not make out the response.

Scott Oates used a handheld temperature recorder and noted that every time we got responses on the K-II Meters, there was a temperature drop of 10 to 15 degrees by the K-II Meters.

Some of the other notable experiences include:

- An entity lit up the V-Pod when asked.
- Lisa sensed something was following her when walking down the hall where the entity had been seen.
- Scott heard footsteps two or three steps behind him down the same hall where the entity had been seen and where Lisa felt she was being followed.
- Several spots within the store, both on the first and second floor, experienced major temperature drops where activity was observed. Air conditioner vents and drafts were ruled out as the causes of these temperature variances.

It's Not Over

A few days after the investigation, I got a call from Angela. She told me that there were several people to whom she mentioned the investigation we had carried out, and they all expressed a desire to learn more about the paranormal and how an investigation is performed.

Angela asked if I would be interested in holding classes on the basics of paranormal investigations. She suggested that we hold the classes in the store after hours and then allow the students to participate in a mini investigation in the store later in the night. I agreed, and we held our first class a week later.

The Evidence Builds

The class covered the legal aspects of investigating, as well as safety (both physical and spiritual), equipment us-

age, documentation, and other important points of which beginners should be aware.

Again, as before, we captured several EVPs during the mini investigation after the class. These were responses from what appeared to be a male, a female, and a child.

One of the notable EVPs captured during this investigation was one where the question was asked if the spirit knew they were dead. The response was from a male voice, and it said, "No."

Does that indicate that if a person dies suddenly or gets confused about what has happened and doesn't know they are now deceased that they attach themselves to something they are familiar with rather than crossing into spirit?

Do they move around with the object until they figure out they need to move on, or are they attached to the object until they are spiritually removed?

IF A PERSON DIES SUDDENLY, CAN THEY BECOME ATTACHED TO AN OBJECT THEY LOVED IN LIFE?

Initial Conclusions

Based on testimonies by store staff and results from our initial investigation and the follow-up investigation, we have determined the following:

- The male entity in question came into the store attached to an object to be sold.
- The entity is not negative and is willing to interact, but he does not want his picture taken.
- There are other entities in the store, most likely attached to objects brought into the store.
- Once the objects are sold, the entities will most likely vacate the store with the object to which they are attached, and the activity they have caused will cease.

With an open invitation to return to Upscale Resale whenever we want, it will give us the opportunity to further research the theory that spirits can and do attach to objects that they held dear or were comfortable around.

Classes will continue, investigations will continue, and I believe we will get the opportunity to communicate with whomever comes to stay with their belongings — at least until someone walks out with them.

This may also help explain why some people start having paranormal activity once they bring home their new treasure; however, I don't think "buy one, get one free" is a selling point for most stores. ◆

CONTACT WILLIAM AT ...

HTTP://PARANORMALINSIGHTS.NET/

'Intergalactic Dating Agency: Black Hole Brides'

By Elsa Jade

Q&A by Michelle M. Pillow, MichellePillow.com

Elsa Jade writes science fiction romance with sexy alien heroes and initially unsuspecting but ultimately plucky heroines. She is the alter ego of Jessa Slade, who also writes paranormal romance and science fiction romance. In grade school, she won a best writing award and received a free book from Anderson's Bookshop in Downers Grove, Illinois. She jokingly blames them for her career as a writer.

When asked why she writes under two names, she replied, "That is an excellent question! One ultimately destined to remain a mystery ... but we all contain multitudes, right?"

Her *Black Hole Brides* trilogy releases in September 2017 as part of the multi-author *Intergalactic Dating Agency* collection.

* * * * *

Q: In your new trilogy, *Intergalactic Dating Agency: Black Hole Brides,* you explore alien abduction. What inspired you to write about this?

Elsa: Never getting a second season of *Firefly.* *sniffs sadly, all these years later* Also, the need for more J.J. Abrams lens flares. I can't believe he apologized for those. Who doesn't like lens flares? It's the desire to fill our eyes with the flash of excitement for a new story told around a primitive fire or a 65-inch ultra-epic high-def TV.

Going places we've never gone before (thank you, *Star Trek*) maybe a little scared but thrilled too. Not coincidentally, that's my feeling when I start a new book: diving into something unknown.

Elsa Jade writes paranormal romance and science fiction romance, as well as urban fantasy romance as Jessa Slade and sexy contemporary romance as Jenna Dales. She spends most of her time at her computer thinking about stories, in her garden thinking about stories, or walking her dog thinking about stories.

Q: What myths or legends inspired you?

Elsa: When I was a kid, I loved *Bulfinch's Mythology* and Andrew Lang's *Fairy Books of Many Colors*. I re-read them many times. Because who needs real-life friends when you have Bulfinch and fairies? But even back then, I was often aggrieved by how the female beings were treated. All the women Zeus abused, including his wife. The selkies having their skins stolen. The princesses sleeping their adventures away. How annoying.

Luckily, in romance novels today, female characters have way more options! The heroines in paranormal romance might confront monsters and in science fiction romance they might get abducted by aliens, but they always come up battling — or boinking, depending on how hunky the monster or alien is. ;)

Q: Do you believe in the supernatural?

Elsa: I definitely fall more on the Scully side of the continuum. :) But I do Want to Believe™. I've stood in the Devonian Fossil Gorge in Iowa, looking into prehistory, and held dinosaur bones in Wyoming, so the science side seems more "real" to me. I guess I'd need that same experience to truly believe in the supernatural.

All my seemingly supernatural encounters have always had other explanations. Glimpsed a ghost? Nope, stayed up too late and had too much sugar. Observed a UFO? Nah, turns out it was a military aircraft flyover. Of course ... maybe that's just what They want me to believe! ;)

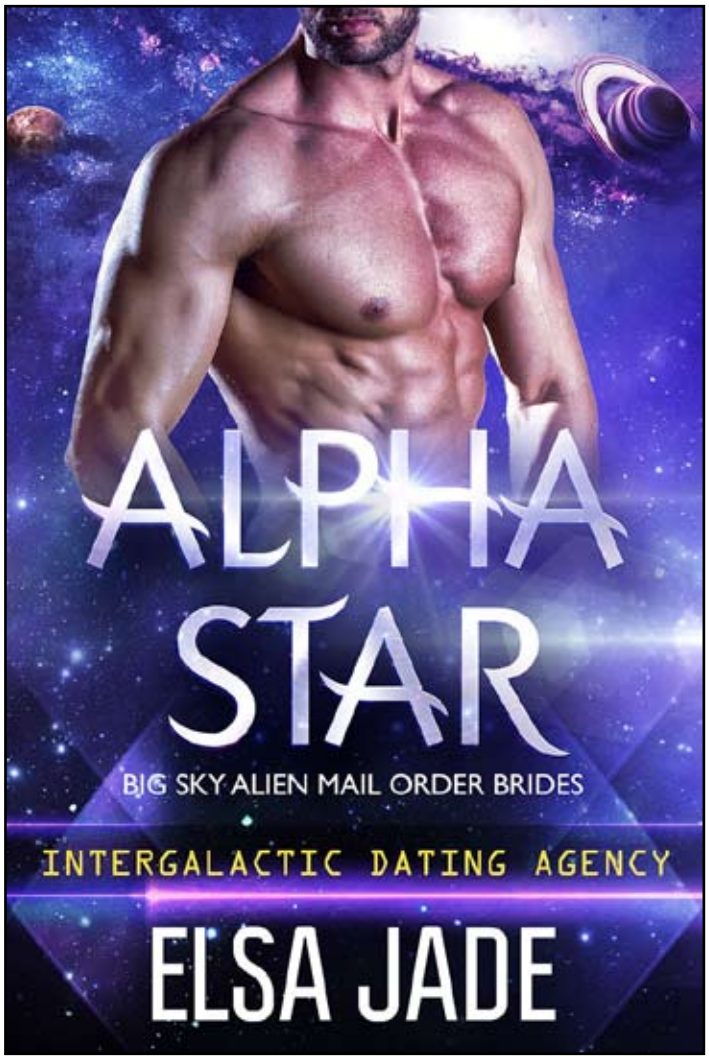
Q: Do you have any paranormal pet projects?

Elsa: I read tarot sometimes, mostly for myself, using the Mythic Tarot deck created by Liz Greene, Tricia Newell, and Juliet Sharman-Burke. (I also worked — very briefly! — as a telephone "psychic" using the cards.) I keep a journal of my own readings, and it's interesting to go back and revisit my old issues and my interpretation of the cards' meaning. Sometimes I found myself on the right track; other times ... not so much.

I've never had a reading done by anyone else. I've had several opportunities, but I always chicken out. I'm not sure why! The last time I almost did it, I was beckoned by a semi-sinister fellow at Jackson Square in New Orleans, but I went for Café du Monde beignets instead. Maybe I believe a little too much.

Q: What is your most useless superpower?

Elsa: I live in the Pacific Northwest where winters are generally mild but really rainy (we had 147 days of rain this last winter season — the most wet days ever). Which



Elsa writes about wild wolves, dangerous dragons, and other sexy shifters, plus out-of-this-world science fiction romance.

actually is great for writers because there is no incentive to go outside. ;)

One early spring night, my XY and I stepped outside to let the dog out and I said in a sepulchral voice, "It smells like worms." The next morning when I got up to walk the dog (dogs are good for writers because daily walks are important, even if it is raining), the patio was awash in worms, from big nightcrawlers to little red wigglers.

It was like I'd called them to me — I had worminions! It might seem that being a worm whisperer would be a bit disappointing, but I'm a gardener of fruits, veggies, and flowers, so worms ARE my friends.

Q: If you discovered your dream house was built on top of an ancient alien burial crypt, would you still live there?

→

Elsa: I live in a 101-year-old farmhouse. The bathroom was added to what used to be the back porch. Sometimes, when it's very quiet out, I imagine I can still hear the old farmer muttering to his wife, "This newfangled indoor plumbing will never catch on. Nobody wants to piss in the house." He was a grumpy farmer, but he loved his wife more than the outhouse, or so I imagine.

I think I'd probably be OK with living over a few restless souls. But, like, not if they wanted regular sacrifices or anything. Unless it was easy sacrifices. Although I guess easy sacrifice is sort of an oxymoron, isn't it?

Elsa sometimes reads tarot, mostly for herself, using the Mythic Tarot deck created by Liz Greene, Tricia Newell, and Juliet Sharman-Burke.

Q: In which of your paranormal stories would you most want to be the lead character?

Elsa: I think I'd want to be Zoey Nazario from *Alpha Star*, the first book in my *Intergalactic Dating Agency: Big Sky Alien Mail Order Brides* series. She's already dealing with some stuff when the story starts, and then she discovers she's accidentally signed up for an alien dating agency.

Even though her earthbound worldview gets blown sky high, she faces the challenges — and the hunky alien hero! — with an open mind and open heart. I think that would be the most amazing thing about finding proof that we Earthers aren't alone in the Universe: It would be the ultimate test of our science minds and our superstitious hearts. Will we survive it? I hope so — hope is why I write all the flavors of romance!

Q: What does the future hold for your writing?

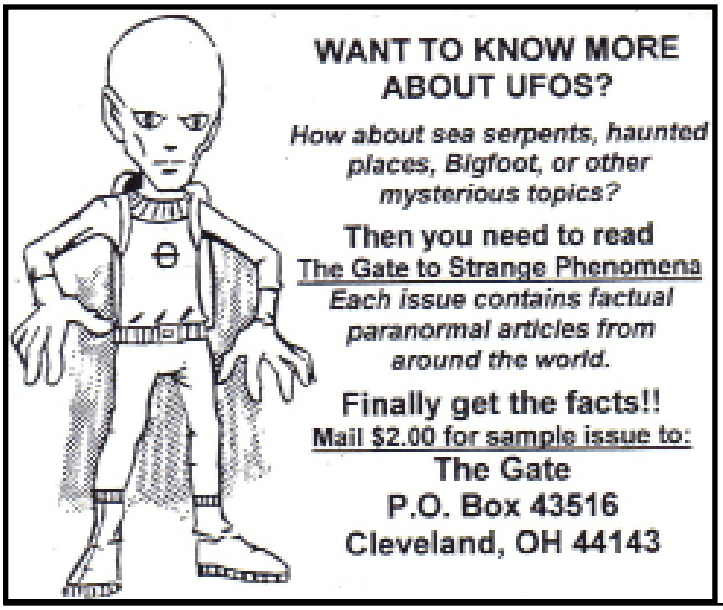
Elsa: I always have more ideas than hours to write. Right now, my ideas doc is 40-plus single-spaced pages with hundreds of random plot squirrels.

I have a series about paranormal investigators with special abilities that I'd love to flesh out, but I also have a half-written futuristic young adult that is basically if Dorothy from *The Wizard of Oz* had more robots. :) I'm not sure which will grab me harder. Or maybe it'll be something else entirely!

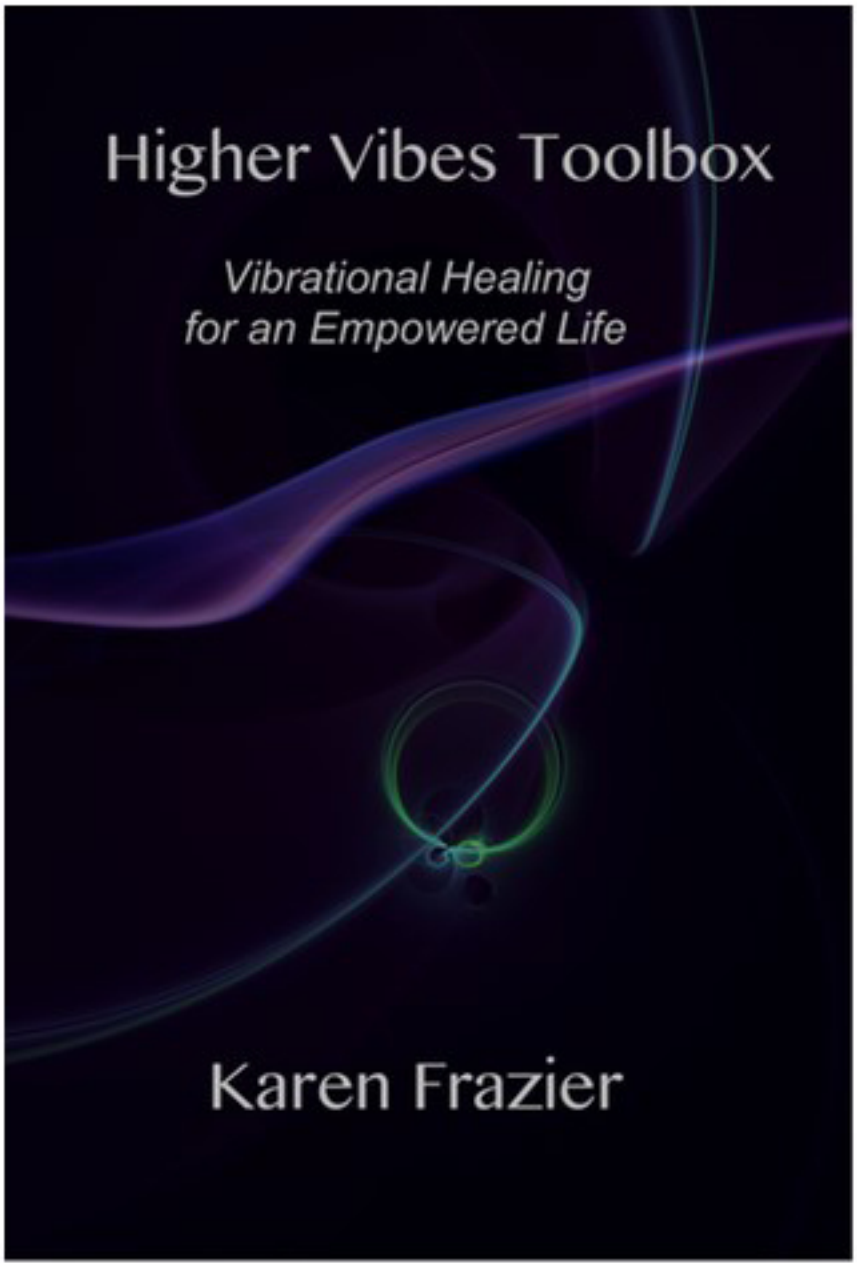
Whatever it is, I know it'll have characters facing paranormal and preternatural adventures. Well, and there will probably be kissing too. ;)

* * * * *

To learn more about Elsa Jade and her books, you can find her online at http://www.elsajade.com/, https://jessaslade.wordpress.com/, https://www.facebook.com/jessaslade, and https://twitter.com/jessaslade. ◆


WANT TO KNOW MORE ABOUT UFOS?
How about sea serpents, haunted places, Bigfoot, or other mysterious topics?
Then you need to read
The Gate to Strange Phenomena
Each issue contains factual paranormal articles from around the world.
Finally get the facts!!
Mail $2.00 for sample issue to:
The Gate
P.O. Box 43516
Cleveland, OH 44143

New from Author Karen Frazier



Divine guidance in action

What would your life look like if you could live in alignment with your highest and greatest good? What would you experience if you had the tools to remove roadblocks keeping you from your life's true purpose? How would you live if you understood the secrets of tapping into your unlimited potential as a Divine being?

In the *Higher Vibes Toolbox*, intuitive energy healer Karen Frazier offers a comprehensive guide that allows you to do these things and more. Working with the energy healing tools available to everyone, Karen shows you how to connect with your Divine guidance system and use vibrational healing tools to remove blocks, balance your energies, raise your vibration, and connect to your soul's highest purpose.

...a very insightful piece that I wish I would have had YEARS ago. It has really impacted the ways I think about things and added quite a few tools to my tool belt.
~Joshua Barber, Psychic Medium

...engrossing, personal, informative and useful in very practical ways. At last I have a resource I can share with people asking questions in the fields of energy and vibrational work.

~William Becker, Psychic Medium - Paranormal Insights

This book has something that will appeal to healers of all levels- from the novice seeking guidance in healing personal wounds to the experienced practitioner focused on helping others- there is something for everyone.
~Ashley Barrett, Psychic Medium

AuthorKarenFrazier.com

Visit Paranormal Underground Magazine at paranormalunderground.net